Issue 2 March 2024 FREE



The first edition of this newspaper has been enthusiastically received. Thank you for so many kind messages, we were overwhelmed with the initial welcome! We will do our very best to maintain high standards to ensure we retain your support. This is your newspaper and editorial is free, so please let us know of any forthcoming events and, indeed, some that have taken place. Local news is what we want to capture. We also offer the newspaper on-line.

All you need to do is enter your email address and the newspaper will be with you before it's printed! We are now also offering Today which is our daily on-line paper. You don't need to wait until the end of the month to advertise your event, email to us and we will put this on Today not only for Kempsey

but also for the other areas we cover. Today is a very useful promotional method of getting your message across for events early and late in the month. 'The North wind doth blow, and we shall have snow, and what, will the poor Robin do then? Let's hope we miss all that! We are often fortunate in

the Severn Valley and a mild March would be very welcome. We all have a busy month ahead with Mothering Sunday and the Easter weekend. We also put the clocks forward on the 31st of the month. That is a signal that Spring is here and Summer is fast approaching. Gardeners will have to get going this month with all sorts of jobs to do.

We have listed on page two of this edition where printed copies can be obtained. Thank you to the venues, this is much appreciated. We have another full paper for you and hope you enjoy the news and the articles.

Mothering Sunday 10th March

Clocks will
"spring forward"
on
Sunday 31st March

To receive the

Rempsey Times

by e-mail visit

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County & District Report

Kempsey saved from more builders

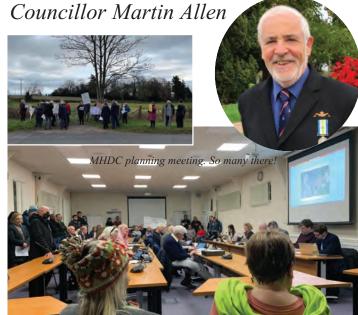
So, we won! A few Wednesdays ago, I attended the MHDC Northern Planning meeting, and I spoke on many residents' behalf against the proposed development of 140-odd homes at Bannut Hill. Can I just personally thank your District Councillors David Harrison and John Michael, along with your Parish Councillor Rob Gardner, who all spoke with knowledge, authority and passion against this carbuncle of an application.

Adoption of roads in our new estates

During my term as your County Councillor, I have been repeatedly chasing to find out the current status and timescales of adoption of the roads on our newer estates. I have now been able to find out all the information needed to confidently give you the picture of where we are: 1. Derrington Gardens -The Provisional Certificate of Completion (PCC) was issued on 27/10/2022. The site is subject to a minimum 36month maintenance period after which it is to be re-inspected

and, once all snagging remedial works have been completed, it will be adopted.

- 2. Saxon Meadow estate (Mercia Way) adopted on 31/10/2023.
- 3.(i) Lawnspool Drive The PCC was issued on 24/01/2022 and the site is now part way through a minimum 36-month maintenance period after which it will be reinspected and, once all snagging remedial works have been completed, it will be adopted.
- 3.(ii) Centurion Drive –



The S38 Agreement has not yet been signed, but the legal process is at an advanced stage, so hopefully this will be completed in the near future. This site will be subject to a minimum 36-month maintenance period.

3.(iii) Fortuna Way/Sabrina Crescent —

The S38 Agreement has not yet been signed and the legal process is ongoing. This S38 Agreement cannot be signed until the Centurion Drive S38 Agreement is in place because Fortuna Way/Sabrina Crescent relies on Centurion Drive for access. Without this it is isolated from the existing highway network.
Regarding The Grove, I am still seeking information and I will let you know where we are with this, when I receive some firm answers.

Finally, can I thank all those who make such a difference with the lovely flowers that are now popping up. Their time freely given makes this such a great place to live.

Warmest regards Martin Allen



Save the Children

Thank you for the support we received at our winter coffee morning. The event was a wonderful success, with people relaxing, chatting and enjoying delicious cakes and drinks. Importantly, the money raised went to the Save the Children Emergency Fund.

Conflict, the Climate crisis and COVID have put children on the frontline.

The Save the Children Emergency Fund lets us respond to disasters around the world, immediately.

- Children's lives are at risk following an increase of violence in Gaza and Israel.
- The war in Ukraine, has frozen childhood since February 2022.

- In East Africa children are on the brink of one of the worst famines in 40 years. Your support can help children and families devastated by disaster to stay safe and healthy.

Plant Sale Spring/Summer 2024 We will be holding our plant sale in early Summer and we would be very grateful for any donations of cuttings, bulbs, seeds and herbs.

If you would like to make a donation to Save the Children please contact: Julia 01905 820138 or

Heather 01905 821040 or to donate online, visit: www.savethechildren.org.uk/ donate

Where can I obtain a Kempsey Times magazine?

The Kempsey Times is available at all these pubs in Kempsey: The Anchor, The Crown, The Talbot, the Seaborne, plus the Rose and Crown in Severn Stoke and the Manor Farm in Lower Wick. It is also available at Kempsey's Morrisons, the Co-op in Canada Way Lower Wick and at St. Peter's Garden Centre in Broomhall.

Plus 1000 copies delivered by K.Links volunteers



Save the Children

We started our first meeting off with a lady, Christine Armstrong, who had cycled around a lot of the world. It was a very interesting talk with slides. The next meeting was a musical one with the Malvern Singers and Strummers where we could all sing along to the songs they played.

The meeting for March is on Wednesday 13th, then a fortnight

later on 27th, which will be our Easter Bonnet Parade and Quiz. This all happens in the Parish Hall, Kempsey at 2.30 on Wednesdays. Ladies and gentlemen over 60 years of age would be most welcome, come and join us and see what we do.

Sally Linsey 01905 820476 Julia Grant 01905 820138

Winners of the Kempsey Christmas House





So, Christmas seems so far away now but I remember how magnificent and pretty Kempsey looked with all the Christmas lights.

We ran a competition for the Kempsey Christmas house and, as voted by the village on Facebook, here are the winners: 1st prize went to:
The amazing St Mary's Close families; Sandra & Derek Obrey and Phil & Mike Allington
2nd prize went to:
Tracey & Damien Grey
Next year - let's make it bigger and better and light up the
village!

Parkway growth plans

Harriett Baldwin MP has welcomed emerging plans which will see extra train services stopping at the Parkway train station. Harriett has been campaigning for additional services stopping at the new station since it was opened in 2019 and the new facility is operating well ahead of projections.

Worcestershire County Council is already planning to expand the station's car park capacity and has purchased land for that purpose. Harriett has lobbied Cross Country trains to allow services between Bristol and Manchester to stop at Worcestershire Parkway. In recent months, the MP has written to the rail operator as well as meeting with representatives from Network Rail and the Office of Rail and Road to press for additional services.

Cross Country has confirmed that discussions are ongoing with the county council and

Harriett is planning to meet with the relevant stakeholders to offer her assistance to make the changes happen. Harriett said: "I had strong indications last summer that Cross Country was looking to stop more services at Worcestershire Parkway and that has been welcomed by the county council, rail user groups and businesses based in my constituency. Over recent months I have attempted to accelerate this work and I've had recent communications from the rail operator offering a meeting to discuss this plan. It is clear to me that this is in the company's long-term plan and would be a popular addition to the rail network for people using Worcestershire Parkway as well as bringing more tourists to the region. I'm grateful that this proposal is slowly taking shape and will continue to lobby at a national level to make this ambition a reality.'

Kindness campaign supported local events



(left to right) Platform's Community Engagement Officer, Paul Edwards, Simon Bott, Kempsey CIC, Tracey Were, Kempsey School PTFA, John Weguelin, Chair of Platform's Board and Neil Stevens, Kempsey CIC are pictured at Kempsey Parish Hall.

Platform Housing Group donated £350 to Kempsey Community Interest Company (CIC) to help them host carols at a local care home and make sure that children in the village get to visit Santa. Platform's annual Christmas Kindness Campaign has seen the housing association donate £60,000 to support local events, food banks and charities in their communities to help sprinkle a little Christmas cheer. John Weguelin, Chair of Platform Housing Group's Board said, "Platform's Christmas Kindness Campaign supports charities and organisations who aim to build kinder, closer and more connected communities by bringing people together and offering much needed support

services. When the cost of

living continues to be a daily

challenge it's great that Platform can help spread a little happiness to families and children who need some extra support at Christmas and throughout the year.' Kempsey CIC works in the heart of the local community to bring people of all ages together to enjoy regular social events and activities. On behalf of Kempsey CIC, Simon Bott said: "Over the past eighteen months the CIC has been working with Paul from Platform and building a relationship which is invaluable in delivering community benefits to people living in Kempsey. We would not have been able to deliver the inclusive moments of joy at the children's visits to Santa at our local Christmas Fair or Carols at The Lawns Care Home without Platform's generous donation and support."

Searching for a Searchlight

Does anyone have a searchlight suitable for the D-Day 80 Celebration on Kempsey Common on 6th. June 2024? We would love to hear from you, and from anyone who has some suitable Militaria to commemorate and celebrate the events of June 1944. Thank you Kempsey Promotions CIC

Email: kempseypromotionscic@gmail.com







Stepping Stones

Join us with your children ages 0-5 for play, friendly chat and shared support!

Crafts and a sensory around a theme!

Monday 10:30am

St James Church Norton

Tuesday 10:00am

St Mary's Church-Kempsey

Thursday 1:00pm

St Mary's Church-Kempsey

£3 per family

Snacks and refreshments provided!

All Welcome!

For more information

Please contact Libbirty at libbirty.holt@motov8.org.uk







Art Ministry Relaxation & Mindfulness

Mindful Colouring - Bible Journaling - Sketching Poetry - Creative writing - Painting Prayer Doodling - Collage

> Friday 9:30am - I 2:00 noon

Refreshments & Breakfast Pastries 9.30am Create 10am - 12pm

Term time only!

Sanctuary Arts Community

The Beechhill Room, St James Church, Norton

Car Park on Hatfield Lane WR5 2PY

There is no charge but we ask for a suggested donation of £5 for on-going material

All Welcome!

For more information

Please contact Kay Mason 01905 356216 / 07921 122802 Email: kay.mason@motov8.org.uk



Like so many grandparents Kim and I often welcome grandchildren for what is billed as "a sleep over" though sleep is often the last thing on their minds!

So, Pippa (4) came to stay at the beginning of February. On Saturday morning we headed for Croome Park. The sky was blue. The sun was warm on our backs. There was a freshness and a softness in the

Everywhere we saw other families like our own appearing like door mice after a long hibernation: enjoying the

Holy Week and Easter

At the heart of the Christian Faith is the mystery of Christ's death and resurrection.

We invite our readers to join us as we journey together towards Easter experiencing both the depth of God's love revealed in the Passion and death of Christ and then, wonderfully, celebrating new life at Easter, the day of resurrection.

Palm Sunday 24th March

10.30am Holy Communion - St Mary's, Kempsey 10.30am Morning Worship - St James' Norton

Maundy Thursday.28th March

10.00am Holy Communion - St Mary's, Kempsey 6.30pm Maundy Meal - St Mary's, Kempsey

Good Friday 29th March

2.00pm Hour at the Cross (Meditation)

Easter Day 31st March

10.30am Family Communion - St Mary's, Kempsey 10.30am Holy Communion - St Denys' Severn Stoke 10.30am Holy Communion - St James, Norton

Contact Information

Curate in Charge:

Rachel Colthurst - email: rachel.colthurst@motov8.org.uk

Baptisms: email: libbirty.holt@motov8.org.uk

Funerals: email: rachel.colthurst@motov8.org.uk

Weddings: email: weddings@severnsideparishes.co.uk

First Sunday

10:30am All Age Service St Mary's Kempsey

10:30am Holy Communion St Denys Severn Stoke

Second Sunday

10:30amHoly CommunionSt Mary's Kempsey10:30amHoly CommunionSt James Norton

Third Sunday

10:30am Informal Worship St Mary's Kempsey10:30am Holy Communion St Denys Severn Stoke

Fourth Sunday

10:30am Holy Communion St Mary's Kempsey10:30am Morning Worship St James Norton

Fifth Sunday

Benefice Service

Please see social media and notice boards for more information.

Thursday's

10:00am Holy Communion followed by coffee morning



clumps of brilliant white snowdrops, the first crocuses and even early nodding daffodils.

I admit I had been feeling out of sorts. Like so many readers I have struggled to remain upbeat. After all, how can anyone be unmoved by such a constant tide of bad news, the plight of so many innocent souls engulfed by war, the arrogance and folly of so many leaders, the sadness of lives consumed by addiction and poverty?

But the warmth and brightness of the sun, the laughter of children on the swings ("Higher...Daddy.... Higher!") and so many unmistakable signs of new life touched me. Winter was not over. Not nearly. But the promise of new life had been given. I felt what Rachel, our Curate, calls a "nudge" from God! As if He was saying to me: "It's not over lad. There is life. And there is hope."

But I'm a slow learner! I needed a second nudge. That evening, I went to a Christian Aid "Fish and Chips" supper in Worcester. I sat beside an old lady sitting on her own who I didn't know but who had such a warm and friendly smile. She told me she was celebrating her 90th birthday and she spoke of her passion not only for Christian Aid but for so many campaigns to bring healing and hope and comfort to others. Her name is Dot. And she's a veteran! Dot told me about demonstrations she's taken part in in London and Birmingham

and Worcester over many decades. But unlike many campaigners who make you feel guilty or inadequate she made me feel inspired. What a lady!!

After the fish and chips the formal meeting began. To my surprise the limelight suddenly fell on my companion! Dot was to be presented with a Long Service Award from Christian Aid. All at once I realised that the companion with whom I'd been sharing tomato ketchup and hot tea was a "star", a much-loved member of Ombersley Road Methodist Church whose passionate, persistent and positive approach to life (to quote her Minister) was just the nudge I needed.

Don't give up!

Don't encourage others to give

up!

It's easy to despair but despite everything life is precious, and God is good!

Keep on... That was Dot's message and I've taken it to heart. We begin March with winter

We begin March with winter still ready to put up a fight and the sorrow of the world continues unabated, but March will end this year with Easter and with Easter the ultimate victory of love and life over evil and suffering the victory to which Spring and Dot were both pointing me. Please, come and join us to celebrate! And let's keep going.

Canon Owain Bell Associate Priest in the Severnside Parishes



Fun, games, community and a little talk or thought!

We have pool, table tennis, craft and lots of games!

Free of charge to come

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Wednesday 6:30pm - 8:00pm at St Mary's Kempsey

Year 6 - Year 13 Term time only!

For more information Please contact Libbirty on libbirty.holt@motov8.org.uk

District Councillors' March Report



David Harrison

Here I try to give you a brief update on District Council and other items that we have been involved in, within the Ward of Kempsey. Produced on 19th February 2024. The contents of this report is provided by David Harrison who is the sole person responsible for the contents.

A very positive response to the production of this magazine, as lots of interesting articles so a big thankyou to Hughes & Company for producing this local newspaper/magazine for the Kempsey/Severn Stoke area. Health-wise – thanks to everyone for the support and good wishes. I am still improving but still very tired. Severn Stoke Flood Defence -Latest report from the EA was on 6th February. Further trees have to be removed and repairs made to the "newt catching fencing before they complete the final trapping in accordance with the Natural England license". Unfortunately, I have no start date for the bund yet. Planning in Kempsey the application for 140 new houses (known as

Napleton/Bannut Hill development) was refused at the Northern Area Planning Committee on Wednesday 7th February by 11 votes to 2. I assume it will go to appeal with a Government Inspector. Grateful thanks for the 50+ residents at the site visit and the 70+ who turned up at Malvern for the meeting. It just shows what "people power" can achieve – well done and PLEASE, PLEASE keep it up. Kempsey and Severn Stoke "On Demand" Buses –

Concessionary passes can be used after 9.30am and all day Saturdays. Trips must be prebooked by calling 01905 846180 or use the app. You need to book your return trip at the time of booking the outward trip. Please note that the telephone line is only open 9am to 4.30pm Monday to Friday so book the day before or Friday for a Monday trip. The minibus operates Monday to Saturday 7am to 7pm and if you are disabled, then just tell them as there is a minibus available with a tail-lift. Let us know how you get on – good or bad – thanks. Jan and Linda booked on the telephone and were picked up in Kempsey at 9.30am on Saturday 10th February, had three hours in Tewkesbury and dropped off back at home on the return trip. The driver was brilliant, very helpful and on time. You can get picked up close to your home as there are many dedicated pick-up points in the district including outside the front door of "The Firs", Kerswell Green and Stonehall.

This is for all people within the villages and hamlets for Kempsey and Severn Stoke. Fly Tipping -

The cases of Fly-tipping within Kempsey and Severn Stoke have increased over the last month. If you spot anything, then please make a note and report it as soon as you can.

Daffodils -

Hopefully the daffodils in Kempsey planted over the last three years, most were supplied personally by myself and Jan, and those in Kinnersley supplied from last years Ward Budget, will be out soon. Full details of this year's donations from our Ward Budgets will be available next month to show where our donations from the District Council have benefitted. Population in 2023 -

A full survey of what residents thought of their District was carried out in early 2023 and you may like to know that apart from Malvern Town itself, Kempsey is the largest populated area.

Unfortunately I do not have the figures for the smaller hamlets including Severn Stoke. Hallow – 1941 residents, Kempsey – 4644 residents, Tenbury – 3978 residents and Upton & Hanley – 4268 residents. A total of 598,070 residents in Worcestershire split almost 50% each Male and Female.

Malvern



5 5



John Michael

First of all a big thank you for all the residents who turned up in force at both the site meeting and the Planning Committee meeting arranged to determine the Napleton Lane application. Such support can assist your District Councillors in the case they present for or against a controversial planning application. Had we had similar support for the Brookend Lane application the result may have gone the other way. Most of my current work in the district has been in support of Housing Association tenants where I intercede on their behalf in resolving issues and if you are having difficulty getting a response from, or repairs done, by your Housing Association then please do get in touch. Finally after some lobbying at Council, we have secured an increase in our Ward Budgets next year to £1000 for each of us which will allow David and myself to offer more support for local projects and community organisations. Get in touch if you have an idea that we may be able to support with funding.

Green recycling bin

Black waste bin



Please put your bin out by 7am on ollection day



APRIL							MAY					
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In the first instance, please contact your local Parish Clerk:

Kempsey Parish Council Sharon Baxter 01905 828183 kempseyparishcouncil@gmail.com

Severn Stoke Parish Council Lisa Stevens 07950 256363 severnstokeandcda@gmail.com

But please feel free to contact either of your District Councillors with any questions:

David Harrison 01905 828107 8 Brookend Lane, Kempsey davidthomasharrison@hotmail.com

John Michael 01905 317930 18 Meadow Close, Kempsey john.michael@malvernhillsdc.net

A few words from... Harriett Baldwin MP



Exciting Plans' for Adult Learning Centre

Daycare support for adults with extra needs. Jack's Place is based at a farm on the edge of the Malvern Hills in Berrow, and has sixteen regular clients who take part in structured activities throughout the year ranging from creative arts to cooking and caring for animals and plants. The venture, which got its name from a muchloved Shetland pony, is run by Hannah James and it has reached out to a number of public and private bodies to support their work. Malvern Hills District Councillor Jennie Watkins, who represents the Longdon ward, has been supporting the charity and helped to secure financial support from the council to

allow the venture to expand its offering.

Harriett commented: "I was delighted to be invited to visit this amazing venture and it was great to meet with Hannah and some of the people who visit the centre each day. Hannah is bursting with exciting plans to make the most of Jack's Place and she's been able to access the support of the local councillor, as well as sourcing funding from companies including Severn Trent. These centres perform an incredibly important role offering day care for people with complex needs and it is heartening to hear that the wider community is helping this venture to succeed.'

Councillor Jennie Watkins added: "I was honoured to be invited to Jack's Place with Harriett to celebrate their new 'warm space' for users and visitors. It is both a great place for its users and now to the wider community thanks to their partnership with Pendock Primary School providing use of their minibus for school trips, affordable family half term activities, and now a food van coming soon to our patch. They have so many aspirations and I am delighted to support them as they grow."



L-R Hannah James, Councillor Jennie Watkins, Harriett Baldwin MP and Amber Maybanks.

Emergency Services take a break!



L-R PC Becky, Sarah Cadwallader, General Manager, PC Dave, PC Kevin

Elgar Court Care Home in Malvern, is proud to announce they will provide a much-needed refreshment pit stop for all local emergency services with their "Take A Break" campaign. At any time of the day, hardworking emergency workers can call into the care home to get a hot or cold drink and a tasty bite to eat either to have at the Care home or to take away with them if time is tight. Everyone at Elgar Court Care Home is delighted to be able to offer this service to our wonderful emergency crews to thank them

for all that they do. To launch this campaign, we had the pleasure of entertaining our Malvern Community Policing team, Becky, Dave and Kevin. Residents enjoyed hearing how Malvern is a lovely safe place with them in charge, and seeing demonstrations of their policing toolkit handcuffs, body cameras, smart water tagging sprays, Tasers and batons! And of course, reassured that these are not needed with the good folk of Malvern!

Cornflower Club

We started our first meeting off with a lady, Christine Armstrong, who had cycled around a lot of the world. It was a very interesting talk with slides. The next meeting was a musical one with the Malvern Singers and Strummers where we could all sing along to the songs they played.

The meeting for March is on Wednesday 13th, then a fortnight later on 27th, which will be our

Easter Bonnet Parade and Quiz.

This all happens in the Parish Hall, Kempsey at 2.30 on Wednesdays.

Ladies and gentlemen over 60 years of age would be most welcome, come and join us and see what we do.

Sally Linsey 01905 820476 Julia Grant 01905 820138

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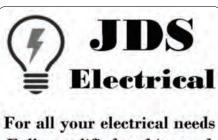
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Kempsey Parish Council News www.kempseyhub.co.uk

New Community & Sports Centre - Public Consultation Plans for the community land at Old Road South / Pixham Ferry Lane as a Community and Sports Centre were on display to the public during the weekend of the 3rd and 4th February at the Youth Centre, Plovers Rise recreation grounds. Over 200 members of the public attended the event and members of the council and project partners were present to answer questions and collect comments. The plans were available at the Parish Council's website for a further two weeks with an invitation to send in comments to the Parish Office. The consultation period has now closed. All the comments received have been collated and are being considered by the Council which intends to publish a summary document of the outcomes towards the end of March. Four significant offers of help with the project were received from members of the public with particular expertise. If you would like to be involved in creating this facility, please contact the Parish Office.

Planning update

Kempsey continues to face development on its doorstep. This time last year there was the possibility of nearly 240 more houses being added to the village from three speculative planning

applications, all outside its defined development boundary. These would have been additional to the 540 or so developed in recent years and the 46% population growth between 2011 and 2021. All three applications were opposed by the Parish Council and residents, not the least because infrastructure and services have not grown to meet the extra demand created. One application was refused planning permission on appeal. Despite this success, another, for 40 dwellings, was granted by MHDC in December subject to a legal agreement first being completed. This decision was strongly influenced by there not being a sufficient supply of developable housing land as the government requires. The same applied to the remaining application (M/23/00372/OUT), this time for 140 dwellings at the southern edge of the village, which led to it being recommended for approval. Over 280 letters of objection, a petition raised by a local action group and several Parish Council representations had been submitted. However, the strength of local feeling was made abundantly clear when District Councillors, inspecting the site, were met by 60 or so angry local residents bearing placards. A similar number



attended the committee meeting on 7th February with standing room only for many. The debate centred notably on the lack of services and particularly the fact that our primary school is at over capacity with no further room to expand. Forty or so young children would need to be bussed to schools elsewhere. Although the proposal included the offer of land for a primary school and a financial contribution, the estimated £13.7 million required to build it is not available now or is likely in the foreseeable future. The application was overwhelmingly refused by 11 votes to 2, against the officer recommendation. It is likely that an appeal will follow.

This is a good example of public involvement in the planning process. However influential such open expression of local concern may be, it is essential that you are proactive in these decisions. After all it is your lives, your homes, your towns and villages and your environment which are being affected.

For more information regarding the activities of the Parish Council, please refer to our website www.kempseyhub.co.uk For all enquiries, please contact Sharon Baxter, Parish Council Clerk and Financial Officer on 01905 828183 or by email at kempseyparishcouncil@gmail.com

Do you have a cherished book that is in need of restoration or repair?





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Severn Stoke & Croome D'abitot News

Happenings in Severn Stoke and Environs - March 2024

St. Denys' Church, Severn Stoke Following the fourth flood in five years on 2nd January, the Insurance Contractors have cleaned up everything and with heating and de-humidifiers going full blast, it is likely to take a couple of months until we can again hold services and meetings there. Please see the times of service at Kempsey and Norton.

Friends of St. Denys, Severn Stoke

Raising funds to modernise the church! The Friends' Annual General Meeting will be held in St Denys' Church on Tuesday 12 th March at 7.30 p.m. Everyone is welcome to attend to find out plans for future events, fund raising and to elect committee members. Please do support this important meeting. Details of the Severn Stoke and

Kinnersley 100 Club should appear in April, as the monthly winners can't be drawn in church until it re-opens.



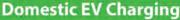


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Severn Stoke & Croome D'abitot Parish Council

During times when we seem to be continually bombarded with sad or bad news it is really nice to be able to give out some good vibrations for a change. Thanks to the co-operation and generosity of Andy, the landlord at the Rose and Crown in Severn Stoke, together with resident donations and additional funds from County Councillor Martin Allen and Severn Stoke and Croome d'Abitot Parish Council, it has been possible to purchase a defibrillator for community use. The unit will be located externally at the Rose and Crown in a secure cabinet and will be available for emergency use whenever the need arises. Together with the defibrillator located on the National Trust workshop in High Green, we now have two emergency units for public use in our parish. Whilst defibrillators are able to 'talk' users through the procedures of use, we are aware that there is some demand by residents for guidance and training on how to use the machines. To help with this we are exploring options for providing some basic training sessions to help potential users. We are at an early stage with this and to give the council an idea of the scale of need please let us know, via the Parish Clerk,

if you'd be interested in attending a session.

We have now received a new waste bin to replace the broken one in the layby on the A38 at Clifton. Sadly, there is a continual problem of littering at this location, likely exacerbated by overnight stopping by HGVs. Hopefully, the replacement rubbish bin will help to reduce this problem. The replacement bus shelter glass for Severn Stoke is on order and will be sorted soon. All councils are now required to consider the impact of planning and other decisions on bio-diversity within their areas of responsibility. Over the next year we will be looking to explore with local landowners, tenants and the wider community what might be done to develop a local strategy to conserve and improve bio-diversity across our parish. Thank you once again to all the residents that have helped us to plant the many daffodil bulbs across the parish, with a special call out to those of you living in Kinnersley - Hannah at Go for Granite, Bev and John Ingram, Carol and Trevor Tolley, John and Jenny Worthington and Michael Hennigan. We look forward to seeing the result of your hard work this Spring! Thank you once again to those

that sponsored the bulbs in the first place, including district councillors and residents at Kinnersley.

Residents have raised concerns about the state of public rights of way across the parish. The parish council will approach land owners where appropriate. As well as alerting parish councillors, all issues in this regard should be reported to the County Council please: www.worcestershire.gov.uk/councilservices/environment/countryside-and-leisure/public-rights-way.

Other projects ongoing

The parish council is continuing to work with businesses, residents and visitors with regard to onroad parking at various locations across the parish. St Denys' has been in touch about a wildflower meadow proposal by the Environment Agency to help meet planning conditions for the Flood Alleviation Scheme. Residents have asked the parish council to follow up with the District Council on a number of enforcement issues, ranging from fertiliser material stored close to homes, checking the planning status on various sites and outstanding archaeological surveys. We will also be taking advice from the District

Councillors regarding a consultation on the Community Infrastructure Levy Draft Charging Schedule. The levy is a charge which can be set on new development. It is an important tool to use to help deliver the infrastructure supporting development. Contact the parish clerk if you would like to receive agendas or minutes by email.

Next Meeting:

Wed 20th March 2024, 7.30pm - Annual Parish Meeting of Residents with the usual Parish Council meeting afterwards – Please check for the venue closer to the day.

Lisa Stevens, Parish Council Clerk Tel: 07950 256363, Email: severnstokeandcda@gmail.com Your councillors are: Laurence Freeman (Chair), Susan Faulkner (Deputy), Raymond Williams, Pat Preston, Royston Garrard, Lee Russell, Nicola Sumner and Richard Hill. We have 4 vacancies - come join us! No matter what your background and availability etc the role of parish councillor is a flexible one in many respects. A warm welcome awaits. We meet

six times a year on average.

Elgar Court Care Home makes a wish come true!



Each day, Elgar Court Care Home celebrates a resident in their own right, by making them the 'Resident of the Day!' Elgar Court Care Home wanted to share this experience with the local community, so ran a competition in December called 'Make A Wish this Christmas'. The newly opened Care Home

had a number of entries and chose Maggie Hooper's wish for a day out on a steam train for her train obsessed toddler! Maggie said "Oscar said 'Choo Choo' before he said mum!" Elgar Court were happy to make the children's wish come true and bought Maggie and her family tickets to ride a Steam

train on the Severn Valley Railway and best of all, to meet the Gruffalo - their favourite book character! Maggie said, "My boys and I were lucky enough to win their Make a Wish competition, which we spotted on their Facebook following a visit to Santa at Elgar Court Care Home last year. We asked for a train ride for my boys who cannot get enough of trains. Naomi from Elgar Court arranged for us to not only get a train ride but to meet the Gruffalo, which luckily coincided with our youngest son's first birthday. We have had a lot going on the last few months and this was exactly the day we needed. We had the most wonderful time, thank you so much Elgar Court for making our boy's birthday so special!

Maggie's other wish was for the local food banks to receive funds to support them in the new year, as they often see a decline in support following the Christmas generosity and with so many families struggling, it's needed so much. Elgar Court Care Home were happy to contribute towards this by baking and decorating eight lavish Christmas cakes in the style of Christmas tree baubles for the local food banks to give to families and won the Barchester's best Christmas cake award! Elgar Court Care Home will be pleased to continue gifting to foodbanks throughout the year. Elgar Court is run by Barchester Healthcare, one of the UK's largest care providers, which is committed to delivering high-quality care across its care homes and hospitals. Our varied life enrichment programme keeps residents active and provides a daily choice of engaging physical, mental and spiritual activities. Elgar Court provides residential care, dementia care and short breaks for those needing support.

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Camera Club



Shepherd's Hut by Kevin Heywood

As we look forward to Spring, the Club has a varied programme of activities in March. We hope that they might provide sufficient interest for you to register as a visitor - and perhaps become a member!

Our programme for March commences on Thursday 7th with our long-standing interclub image "battle" with our old friends at Digibox CC in Worcester. This is followed by our first in-house meeting, which will be held on Wednesday 13th March and will take the form of illustrated talks by Jayne Winter FRPS and Tissy Davidson, two of the Club's most capable photographers, on subjects of their choice.

Our second in-house meeting in March, to be held on Wednesday 27th March will be our second themed DPI competition of the season. The subject is "Reflections" and the judge will be Jeremy Malley-Smith. Although this is Jeremy's first

visit to the Club, his recommendation suggests that we should look forward to his helpful comments and his considered ranking of the images. For all of our on-line meetings, we will continue to welcome "virtual" visitors in the hope that they will see the benefits of joining the Club and subscribe. Please get in touch via the website (address below), which has full details of the programme, if you are interested in attending.

https://www.kempseycameraclub.uk/2023-24-programme/
We hope that you will see the theme in these two images "What A Waste" by Zoe Moss
"Shepherd's Hut" by Kevin
Heywood - one of three topplaced images and one of four commended images,
respectively, in our recent
"Decay & Grot" themed competition.

Malcolm A Hay Secretary



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Kempsey WI

How Madresfield Court came to be the inspiration for the novel Brideshead Revisited was the subject of a fascinating talk at a meeting of Kempsey WI. Speaker Marguerite Collins took members through the history of the magnificent moated manor house near Malvern, in words and pictures. She explained how the property in its various forms has been occupied by the Lygon family for 900 years, through 29 generations, wars and scandals. The family rose to become Earls of Beauchamp, but the title eventually died out in 1979. After upheavals during the 16th and 17th centuries, when fortunes were inherited and lost and Madresfield was at the centre of turbulence during the English Civil War, the family became influential and wealthy once more and William Lygon became Lord Beauchamp in the early 1800s. The first Earl's wife was part of the Jennens family and one of her relatives was a miser who amassed a vast fortune, worth about £230 million today. He died intestate and it is thought that the subsequent wrangle for the fortune might have inspired Bleak House, as Charles Dickens visited Malvern for its curing waters, while the long-running court case was in the news. Due to a run of males who either did not marry, or were

childless, the Beauchamp title moved quickly from 1st Earl to 6th Earl, in little over 50 years, passing from brother to brother or nephew. The 6th Earl, Frederick Lygon, became an MP in the Disraeli government and did a lot of work on Madresfield Court and the estate. The family became embroiled in a major scandal when the 7th Earl, who had become a Steward of the Royal Household, was accused of homosexuality. As part of a deal to avoid charges, he went into exile, returning only after the death of George V. Two of his sons were at school with Evelyn Waugh and the author made several visits to Madresfield Court, later using it as the palatial home of the Flytes, in his well-known novel, Brideshead Revisited. The 8th Earl died without descendants so the title ceased, but his great niece, a 28th generation Lygon, now lives at Madresfield with her husband and children, continuing the legacy of a house that has never been bought or sold since records began in 1120.

The next meeting of Kempsey WI is due to feature a talk by a former Royal Worcester modeller. Kempsey Youth Centre, Plovers Rise Monday 18th March, at 2pm

Music Society

The Music Society meets fortnightly on Thursday afternoons in a comfortable lounge at The Firs on Old Road North from 2.00 – 4.00pm. We listen to a variety of music, presented by members, or the occasional visiting presenter. We would welcome anyone new who would like to come and join us.

Our next meetings will be on 29th February. and 14th March. Do come and give us a try. We are keen to swell our numbers post Covid. We have a social



break in the middle of the afternoon, for tea or coffee and biscuits.

You would be most welcome. For further details please contact Anne on 07931 636309

"To be, or not to be: that is the question"

Hamlet quote (Act III, Sc. 1).

'And another Thing' Handbook Volume 3

By Reg Moule

This new Handbook gives more detail and explanation on many of the topics mentioned in Reg's previous publications, but without fear of repetition. Although it is not intended to be an instruction book on growing all crops, it does cover a very wide range of fruit and veg.



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Country Watch



Out and about in the countryside

Driving around the countryside at this time of year, you cannot miss (sometimes literally) the abundance of pheasants. Cock pheasants are splendid, colourful creatures while the hens are almost dowdy by comparison. Neither have any road sense and seem to enjoy congregating in the middle of lanes! Pheasants were introduced into England in the 11th or 12th

century by the Normans but originate from Asia. Their call is very distinctive and betrays their presence.

Partridges are far less common. These are shy birds and easily take fright. Grey partridges are now on the conservation 'Red List' and are almost extinct in Ireland. The red-legged partridge, introduced into Britain in the 18th century, is more common. It is more unusual to see these birds, but they are around.

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Women's Hour! Picture This



For better or worse, we live in an age when photographs are an everyday part of our lives. The changes over the years that have enabled us to capture and record events now on our mobile phones are quite remarkable.

As a child, my parents had a box camera. It only came out for holidays and special occasions and required a degree of skill in producing a successful photograph. My father was not too good at this and photographs were either out of focus or people were headless! They were, of course, black and white (often very grey!) and the process of placing a film in the camera and removing it was a risky operation. Exposing the film to light destroyed the photographs so it had to be done very carefully. Neither was it cheap to have films developed, usually at a chemist taking days before they were ready. Things did move on with the introduction of instamatic cameras. These were much easier to operate with lenses that took pictures easily and

with much better results. We still seemed to have a lot of headless ones though, particularly when my mother was the photographer! For my 21st birthday I requested a camera (rather like getting a mobile phone these days) as it was something I wanted to own for myself. As was the case at that time, it took slides which were lovely photographs but had to be viewed through a special gadget with a magnifying lens or using a projector. The latter led to the delight of evenings spent viewing the (many!!) photos of friends and family projected onto a screen or the sitting room wall. TV channels were limited in those days!! I never liked having my photo taken and can't understand those who seem to need to have their image recorded at every opportunity. At school, we had the school photographer visit annually. I remember one year my mother told me to tell them that I didn't want it done. This was because there were six of us children and having to pay for all of them was not part of

the family budget. Needless to say my photo was taken and when I took it home my mother bought it. Those stiff, posed photos of a very serious me are still around somewhere and perhaps account for me not wanting to have my picture taken!

Over the years I have remained camera shy. I never like photos of myself. When it came to getting married there was no option. Wedding photos are compulsory!! At least then they kept to a formula – bride and groom, bride and groom with bridesmaids, parents, relatives, friends etc. It didn't take too long and there was a limited quantity produced. Now it is a lengthy, costly procedure with the photographers- usually more than one!- dictating the timing on the wedding day. There have been times when, as guests, we have had to wait an hour or more for the reception to begin. This inevitably means drinking while you wait and being slightly intoxicated before you eat. The average wedding seems to generate photographs by the hundreds at great cost. It is then a mammoth task selecting the best ones to keep. Sadly most of them remain in 'albums' on smart phones; the paper versions are relatively few. A wedding is a very special event though which should be recorded and the quality of photos today are generally superb. For once, I didn't mind having my photo taken for our sons' weddings. They show a very happy, proud Mum!!! This brings me to the subject of 'selfies'. There is obviously a skill in taking a photo of

Susan Catford

yourself which makes you look youthful, attractive and permanently smiling. My efforts fail miserably and require the delete button. If you go to London people spend more time (it seems) taking selfies with backdrops of tourist attractions rather than looking at said attractions. You practically fall over these people holding phones at arm's length with posed faces. What's more, if you don't like your image you can change it using filters and other devices. Perhaps I ought to give it a try!!! My phone is full of pictures I have taken and many that have been sent to me. Unfortunately that's where they stay. I have boxes of photos that I have promised myself, one day, to sort into albums for future generations. It will happen I hope! Meanwhile, my husband has placed random photos in drawers around the house and every so often one pops up and instantly brings back memories. It seems a pity that most will remain in that mysterious place 'the cloud' and will probably just disappear at some point. Photos do give us great pleasure and sharing videos can be a way of keeping in touch with those who are distant but there are also drawbacks which we are all aware of. A final thought. Why is it that the passport photo you took ten years ago and thought was awful somehow doesn't look nearly so bad ten years on??!! I'm off now with my phone to have a go at a selfie - you never know, you may see a new youthful, attractive, smiling me at the top of the page!

Mothering Sunday

This month, on March 10th, we will be celebrating Mothering Sunday (or Mother's Day) again. This is a time when families get together and pay tribute to their mothers everywhere.

This special day originated in the 16th century and had nothing to do with mothers! It was the 4th Sunday in Lent when people would return to their mother church. Servants and apprentices were given this day off to attend church but later, it came to be a day when they returned home to see their mothers. This day was also known as Refreshment

Sunday because fasting rules were relaxed on that day. Nowadays, it is more commonly referred to as Mother's Day and is celebrated in more than 40 countries but not on the same day. In many countries such as Canada, Australia and the U.S.A., it is celebrated on the second Sunday in May. In the USA, Mother's Day started as an anti-war movement to celebrate peace. In 1868, Ann Jarvis wanted to create a 'Mother's Friendship Day' aimed at reuniting families divided during the civil

war. She died in 1905 before the annual celebration was established but her daughter continued to promote the idea of Mother's Day as a US national holiday. President Woodrow Wilson supported the campaign and in May 1914, Congress passed a law designating the 2nd Sunday in May as Mother's Day. Whilst this day is not necessarily associated with the Christian Mothering Sunday as in the U.K., it has the same purpose to show love and appreciation for mothers. In most countries, gifts, cards



and flowers are given on this special day. The flowers most often given are roses or carnations which are associated with love. It is also a time when families get together and, possibly, enjoy a meal which is not cooked by their mother! So to mothers everywhere, happy Mothering Sunday and enjoy your day. You are very special to your families!

SUPPLEMENT

Memories of a Country Village: Part 2

Kempsey Worcestershire 1911 – 1995

By Cyril Weaver

The journey to school was always an adventure because it involved negotiating the 'Alleys'. In fact, if I had to have just one thing that stands out most in my memories as a youngster, it would have to be 'Alleys'. These footpaths started just above Church Street, went up behind the school to Windmill Lane to join a footpath along the Grove, past the open barns to come out at the Ketch. As a small five year old, I would love to let go of my sister's hand and run up that Alley. How Molly would shout to tell me that the gypsies were coming, or that the bogey man would get me. What's more I believed her! But then of course I had to, she was grown up, three years older than me, she was eight! There were no playschools then. During much of the day Molly was responsible for me, and there was nothing unusual about that in those days.

Of course, please remember, at that time we were right in the middle of that First World War 1914-1918, but it was not until it ended, when I was aged seven, that I remembered much about it. You see a young lad of six or seven at that time thought more of stealing a lift by hanging on the back of any

horse and cart that was passing by, although I can still recall that party we held in the lane when the Great War was all over. Although I only stayed at Kempsey School until I was nine, I remember that boys and girls shared the same classrooms, but not the same playgrounds. The boys were on one side, girls on the other, with iron railings in between. The toilets, which were not very nice, were under the trees at the far end of the playground.

Anyway, we learnt our numbers and letters and just to think the on the opposite side of the road to what it is today, was my first which were a few meat sandwiches, a piece of cake, my tin cup, That walk to the school was a long way from 'Freelands' at the for me each morning by the post office which, by the way, was Sunday always seemed they would never come on school days, there were no pens, pencils or paper, all we used was our slate. school pal, Francis Atkinson, whose parents kept the Queen's other end of the village where I lived. However, there waiting break, Francis, myself, with my sister Molly in charge, would trudge up that hill and back five times a week. Saturday and Mistress, having taken over from her father, we queued up in and a packet of Lemon Kali to make a drink for our midday large iron school gate, where Miss Katy Jarvis was the Head Head Public House. So with a small satchel on my back, in pocket calculator and computers were then fifty years away; but at least it was downhill going home. On arriving at that our separate playgrounds to be sent to our classrooms. My teacher was Miss Wadkins. During our time in the infants modern kids have it easy today!

At the end of school Molly would collect us and we would start the journey home. The roads at the time were muddy in Winter, and very dusty in Summer. You played marbles on the dirt path, there were no curb stones, those followed later, and with only just a few pony and carts, and hardly any cars, the older lads used the road to play whip and top.

What a great pleasure it gives, just to hold a memory of those wonderful things we saw on our way to school, things that young children of today will never see. Simple things were

4

fascinating. Like those men I watched when they started tar spraying the roads. First, they rolled that barrel of tar up onto the tank over the big fire. Then, when it was hot and steaming, brush it on to the road with wide brooms. Other men with shovels would then cover it with grit from the small heaps placed at intervals on the path. As a young boy I could never quite make out how they always had just the right amount in each heap to cover that stretch in between and what was more, they didn't get messy and dirty doing it.

Another activity that fascinated me was watching workmen on the telephone poles that were all along the main road in those days. Just to see those men with a spike on the inside of their shoes, and a leather belt slung over their shoulder, climb those poles, fasten the belt around them, lean back and start to repair the wires was a delight. In those days, to be able to do that or to become a train driver was almost every lad's dream of his future.

Another thing we children saw, and of course were probably the last generation to do so, was the circus passing through the village either going to, or leaving the city. It was a parade! Those brightly painted vans, with the name 'Sangers Circus' on the side, all drawn by beautiful, spotted horses and with those performing lions and tigers, safely inside caged carriages, were spell-binding - a wonder to behold. The main attractions of course were the elephants, because they always used to walk on their own. They made the parade.

Something else that we looked forward to was the first Sunday in September when the horses and waggons went to Worcester station to collect the hop-pickers. They had come by train from Dudley and other places around the industrial Midlands. We waited for them to come back through the village on route to Mr Pullins' hop-yard at Baynhall Farm. For these visitors it would be their working summer holiday, so they arrived with pots and pans and goodness knows what, plus all their kids. They moved to those freshly whitewashed buildings at Baynhall Farm known as 'The Barracks'. Now of course they are all gone, but then it was their home for a whole month. These

visitors not only picked those lovely hops but also enjoyed a bit of real, nice, country air. Hop growing was big business in this part of Worcestershire, but not so today.

Down the side of the Croome Road, you would see rows and rows of hops hanging from the wires, with the canvas cribs (in which the stripped hops were placed before being collected) all spaced out between the frames and those happy families working

How we village lads enjoyed it all, because we were also on holiday. What fun it was just to climb those frames and wires, to get any odd hops left, and to be thrown into the crib and covered with hops if we were cheeky. Good rough and tumble; what a lovely time we had.

miss, so I suppose children of today will never miss the pleasures (towards the late 1920s when I was working in Worcester) that I designed by Messrs Heenan and Froude's for a firm called Bruff hands were needed to pick hops and by the 1950's we saw fewer Mechanisation! How progress marches on. It's relentless. Fewer pickers, no canvas cribs just a big machine in a barn. As I pass and a lovely memory of a tradition I'm sad and sorry to say has still, actually seeing one in operation at a farm near Leigh. Ah! Engineering (from over the Storridge District) and then later kilns near the road side (now converted into modern homes) gone forever. They do say, what you've never had you never by that same farm at Baynhall today, all that is left are those visitors. Today there are few fields of hops, no visiting hop would see one of the earliest hop-picking machines being Little did I think at that time, in just a few years to come I had and saw in those hop-yards.



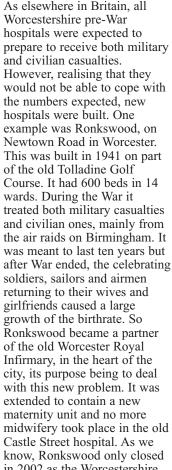
to be continued

Our local hospitals in WW2

Tim Hickson



Evesham Community Hospital shows two of the WW2 buildings linked by a newer bit



Royal Hospital, opened in 2002, then took over. In Evesham, a hospital was built particularly to deal with casualties expected from training accidents at RAF Pershore and, later, RAF Defford. (Regular readers of this paper may recall an earlier article in which I mentioned the case of a secretary at RAF Defford's Sick Quarters who injured her leg in a cycling accident and should have gone to the Evesham hospital. However, the Medical Officer needed her so he curtained off a corner of the Airmen's Ward now Croome's Canteen - and put her in there.) All the local RAF Stations had their own Sick Quarters for minor injuries, ambulance garages and mortuaries. The Evesham military hospital, enlarged, is still in use as the community hospital.

The Asylum at Powick, with its sister at Barnsley Hall near Birmingham, was integrated into the WW2 Emergency Medical Services. However, although a hutted hospital was built in the grounds of Barnsley, Powick was never



Wonkswood Hospital, Worcester

needed. (Incidentally, whilst researching the history of Powick I learnt that Edward Elgar, as a 22-year-old became the Bandmaster at the Asylum and went on to write The Powick Asylum Music - for those inmates and staff who could play instruments.) When the Americans came to Britain, starting in 1942, the first were the US Army Air Force to join the RAF in bombing, and later the US Army itself in preparation for the invasion of France. Whilst some British civilian hospitals were transformed for their use, they needed buildings that would house the incoming troops before being used as

hospitals to treat casualties after the D-Day. So they built five hospitals, in 1943, to the southeast of Malvern. Although these were used for a while after the war ended, mainly as accommodation for returning British troops, refugees and prisoners of war, they have nearly all been demolished. A few of the roads survive together with a large pair of emergency water towers The Americans also made provision for their forces to have a rest from combat and, for example, Spetchley Court was used by their aircrews to enjoy a week's leave.. They called it The Flack Shack!





Gregory's World!

The Next Stage

There's something about a theatre when the crew scurry into the wings, give you the thumbs up - 'Okay, guys, we're ready.' before helming the tech desk at the back of the room, and sliding the first switch on the control panel to begin our journey. The audience hubbub lulls. People finish shimmying out of their coats and remember at the last minute to put their phones on silent. Sound speakers buzz faintly with the promise of much to say. Dawn breaks in a warm wash over the stage. Meanwhile, I'm waiting in the wings, waiting for my cue, waiting ... My stomach has worked itself into a Constrictor knot. Our group of actors jitters with anxiety, excitement and Red Bull. The grace period for tricky tongue twisters and uneasily reciting our lines to the opposite wall is over. Here we go again! Back in December, fresh out of the oven from performing in an adaptation of Ibsen's An Enemy of the People, I remember declaring I was 'officially baptised into the world of Oxford drama' and I wouldn't be leaving anytime soon. Performing onstage is a jump start for confidence, you give something back to the uni, and it allows you to break out of

your college bubble by meeting a small group of new people and working with them on a shared project over a length of time. It flavours everyday studies to remember that – as you take notes in lectures – later on, you'll be messing around with silly voices and sillier walks to the (we can only hope!) laughter and applause of an audience. So, of course, I would have another go - and fortune twinkled on me after I successfully auditioned for a role in Vanitas, written by the hugely-talented James Whitney and Danny Doyle-Vidaurre. Vanitas was an original comedy about a cult initiation gone wrong, filled with seances, subterfuge and spooky face paint. My character was Shirley Shrine (the casting was gender-blind, but the instances of 'she'in the script gave me the funny feeling I was not who they'd originally imagined for the role). With the directors' suggestions, Shirley transformed into a dishevelled hybrid of David Mitchell and Richard Ayoade's character, 'Moss', from The IT Crowd. With as much suppleness as a plank of kiln-dried hardwood, he snoops through most of the show, trying to disentangle the web of secrecy woven by the charismatic cult leader, Augustus Chalmers.

Gregory Sidaway Exeter College, Oxford

Unlike An Enemy of the People (which clocked in at two to two and a half hours long, depending on how many lines we remembered), Vanitas clocked in at a punchy sixty minutes and we only rehearsed for about two weeks beforehand. It was a crash-course in showbiz, during which I got to know a handful of really great people – a favourite memory already is is of us gathering at the Turf Tavern on the night before our first performance to go over lines with the assistance of a Guinness. The next morning, I woke up, made some toast (I'd carelessly rammed a loaf into the freezer, only for the loaf to set into sheets of corrugated bread too warped to fit in the toaster - so I entrusted Fry with the job) and prepared for a day of lastminute notes and technical checks, conscious that my friends would be coming to see me that very night.

And not just friends, it turned out, but reviewers too. Adding to the brilliant, but nerve-racking, news that we'd sold out on our final night, was the buzz around respected Oxford theatre critic, Peter Kessler, being a member of that packed audience. After a terrific closing show, there was much nail-biting and teethchattering and phone-

refreshing at our after-party as we awaited an update to his blog: The President's Husband's Drama Reviews. The review was unsurprisingly and fashionably scathing in places -'Vanitasin Latin means "an empty or worthless activity" a refreshingly honest title' and he ultimately considered the play 'Very interesting. But stupid', giving it two stars. His individual actor-based summaries were a little more forgiving and I seem to have fared quite well: 'Gregory Sidaway as Shirley, a visitor with the deductive powers of Inspector Gadget,

visitor with the deductive powers of Inspector Gadget, delivers some punchy physical comedy, shaking hands with impossibly awkward stiffness and keeping his pen clipped to his spectacles.'

Regardless, there is something about a theatre which excites, terrifies and has always stayed with me. It was with me back when I was a (granted, reluctant) narrator in my primary school nativity in December 2009 and it was with me in Oxford in February 2024 as I jumped onstage with a silly voice and – naturally – an even sillier walk. And, what's more, I've now had my first review! Not too shabby, I think you'll agree, fellow reader?

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The Importance of Vaccination

Vaccinations are an important part of our pets' healthcare requirements. They are there to protect our pets from potentially deadly diseases, such as canine parvovirus, feline enteritis and rabbit haemorrhagic disease. As well as stopping the potential spread of diseases like leptospirosis to humans.

Unfortunately, there has been a worrying trend of a reduction in the numbers of both pets and humans being vaccinated in recent years. This has led to regional outbreaks of serious diseases that have not been seen in large numbers for some time. Up to a third of pets are not kept up to date with their routine vaccinations. Vaccination, in part, works by 'herd immunity' – the more animals that are vaccinated the less likely those vulnerable to the disease will become infected. With fewer animals being vaccinated the more at risk our animals are, even those that are routinely vaccinated.



Recommended vaccinations:

Dogs

- Core vaccinations (those recommended for any domestic dog worldwide) are for canine parvovirus, canine
 adenovirus (hepatitis) and distemper, after the initial vaccination course these are needed every 3 years.
- In the UK countryside leptospirosis is not only a potentially fatal condition but can also be spread to humans, this vaccine is needed every 12 months.
- Kennel cough can lead to a debilitating cough and is very contagious, it is recommended for dogs in
 any setting where there are multiple dogs present e.g. kennelling or training classes, or for dogs that are
 particularly sociable and enjoy greeting every dog. It is a 12 monthly vaccine usually given up the nose.

Cats

- Core vaccinations are for feline enteritis, feline herpesvirus and feline calicivirus (cat flu). Enteritis is given 3 yearly and the flu viruses are needed yearly.
- · Feline leukaemia virus vaccine is given 3 yearly and is recommended for any outdoor cats.

Rabbits

 Rabbits have a single combined vaccination yearly which covers for rabbit haemorrhagic disease 1 and 2 and myxomatosis.

Most vaccination appointments will include a general health check to catch other conditions early, such as dental disease and heart disease. Contact your vet to make sure your pet is up to date with their vaccinations.



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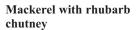
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Cooking for fun! Ailsa Craddock

The rhubarb in my garden is growing really well so I thought this month we would look at that. It's such a relatively short season that we really ought to make the most of it! Botanically, rhubarb is a vegetable (it's related to sorrel and dock) but its thick, fleshy stalks are treated as a fruit, despite their tart flavour. It grows in two crops. The first, which arrives early in the year, is forced and grown under pots. Its stalks are watermelon pink, with pale lime green leaves, and it is the more tender and delicately flavoured of the two. The second, called maincrop rhubarb, is grown outdoors, and arrives in spring. Its stalks are a deeper red, tinged with green, and its leaves a brighter green. It has a more intense flavour and a more robust texture than forced.

I love mine lightly poached with my porridge in the morning or with custard or in a crumble. It also marries beautifully with ginger and strawberries (obviously not altogether). And did you know, it goes really well with savoury dishes, particularly strong fish like mackerel?



75g / 3oz castor sugar
25g/1oz sultanas
Few sprigs fresh rosemary
2cm/³/in piece root ginger peeled
and finely chopped
1 shallot, peeled and finely
chopped
3 sticks rhubarb
5 tbsp cider vinegar
1 orange, juice only
Salt and black pepper
1 mackerel - 2 fillets – use more
as you need

For the chutney

In a heavy-based pan melt the sugar until a golden-brown caramel forms. Remove from the heat and stir in the sultanas, rosemary sprigs, ginger, shallot and rhubarb. Stir in the cider vinegar and orange juice. Bring back to the boil and cook gently



for 8-10 minutes. Season with salt and pepper and set aside to cool.

For the mackerel

Place the mackerel fillet skinside up on an oven tray. Brush with rapeseed oil and place the fillets under a hot grill. Season with salt and pepper. Serve a spoonful of chutney with the cooked mackerel fillets, new potatoes and a crisp salad.

Rhubarb Cordial

450g rhubarb, chopped 225g sugar (I know it seems a lot, but remember you are going to dilute it and don't need a lot) 300ml water

1 orange, zest and juice
1 lemon, zest and juice
Put the sugar and water into a large saucepan. Add the rhubarb, zests and juices and bring to the boil. Cook until the rhubarb is

completely mushy (technical term!). Put a piece of muslin over a large bowl (I secure mine with an elastic band) and pour the liquid and fruit into it. Leave it to drip through overnight. Bottle and keep in the fridge (I have no idea how long it will last as it seems to go as fast as I can make it, but I would think about one week to ten days). Serve with hot or cold, still or sparkling water – even with your Easter prosecco!

PS.
If you want to make more,
I work on a ration of half sugar
to weight of rhubarb and up the

water slightly.

Thoughts from the Snug...

A cricket story

Whilst watching a test match two cricket fans were sharing their enthusiasm and love of the game and one said to the other, "I wonder if they play cricket in heaven? It surely can't be as good as this."

"I don't know. It's possible," replied the other, "but I guess we won't know until we get there."

"Absolutely!" confirmed the other, "but if I get there before you I'll let you know."

Sadly a few weeks later this whimsical remark turned into a self-fulfilled prophecy; suffering a sudden heart attack he died whilst watching another thrilling match.

At his funeral his friend thoughtfully reflected upon the possibility of a celestial cricket pitch. Unsurprisingly, later that night, his old friend reappeared in a ghostly dream. "Any cricket pitches in heaven?" he enquired of his dear friend.

"Oh, yes!" came the reply." I've got good news and bad news about cricket here in heaven. What do you want first?"

"The good news, obviously." he replied rather impatiently. "Well..... there is a splendid pitch up here, a superb wicket and the standard of play is excellent. The bad news is that you are opening the bowling this Wednesday!"

Buddy Bach



Calling all knitters and Crocheters!

Can you help us to share some Christmas Joy around the Communities of Severnside Parishes for December 2024?

We are asking for your help to knit or crochet as many Angels as we can before December 2024.

So in December we can Angel Bomb the communities in Norton, Kempsey and Severn Stoke with a host of yarn Angels!



Join us on Fridays

at Create and join in
with other creatives,knitting
at St Marys Church, Kempsey
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There will be yarn and patterns available for you to use in the church. If you prefer to make the Angels at home, please contact us for the pattern.



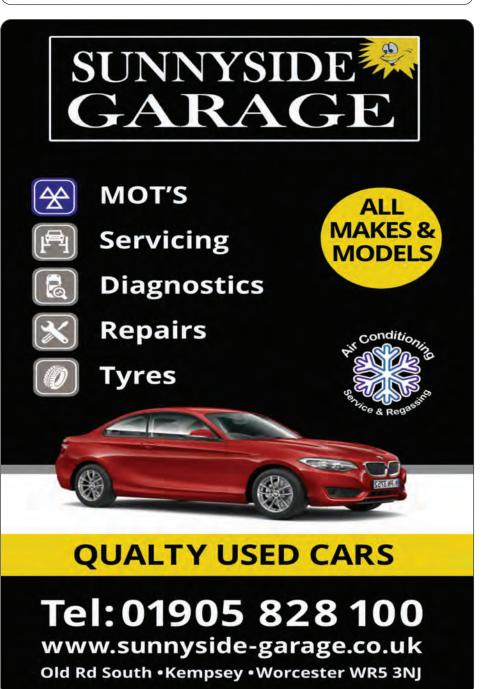
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How to choose the right greenhouse



If you've been contemplating buying a greenhouse, but unsure where to start, here's my top five tips to consider.

Firstly, do you need a greenhouse at all? The main purpose of a greenhouse is to extend the growing season, by protecting seedlings and plants from the weather (and pesky rabbits!). So, if you plan on 'growing your own' this year, a greenhouse is a valuable addition to your garden. Choosing the right greenhouse for your growing needs, and available space can be tricky with so much to choose from. So, I've had a chat with local experts Keder Greenhouses in Evesham for some advice.

This really depends on the space available and what you're planning to grow but bear in mind the height ideally needs to be 1.8m tall so you can...

- work comfortably inside,
- there's space for staging (growing your plants) and
- it allows easy access to the door to enable you to use a wheelbarrow to help with heavy loads such as bags of compost Insulation –

Good insulation is key to reducing the need for heating whilst still protecting your tender crops. All Keder greenhouses are covered with Polydress LP-Keder Air Bubble Film which provides an insulating effect that retains up to 95% of heat radiation. When compared to glass this offers over twice the insulation properties. *Ventilation* –

As we head through Spring you will need to ensure that your

greenhouse is properly ventilated to keep humidity levels down and prevent disease. It is essential that any greenhouse is supplied with at least one roof or side vent, and a rear window opposite the main entrance is ideal.

Orientation -When deciding where to put your greenhouse, you may be looking for the best orientation to make the most of any available light. Unlike traditional glass greenhouses, a Keder can be placed facing whichever direction best suits your plot, due to the bubbles taking in the light and distributing that light evenly throughout the structure. Because the unique design of the greenhouse cover, perfectly diffuses the light, you will not have shady spots or sun scorching, therefore achieving a higher yield of upright crops.

Storm proof – Another thing sent to test the average gardener is the



Nikki Hollier



Nikki Hollier nikki@borderinabox.com @borderinabox www.borderinabox.com

increasing frequency and severity of storms in the UK. A storm proof greenhouse is invaluable - the Keder bubble film has been designed to withstand high winds and snow so are suitable for our UK weather all year round.

For more information, please contact Keder Greenhouse direct on 01386 49094 or email sales@kedergreenhouse.co.uk.



February gardening tips Reg Moule BBC Hereford & Worcester

Early March

Lift and divide herbaceous plants. Plant alpine and herbaceous plants.

Lightly mow over the lawn. Prepare sites for new lawns. Prune rose bushes soon if not already done.

Plant onion, garlic and shallot sets.

Start Begonia and Gloxinia tubers into growth indoors. Buy seedlings or baby bedding plants to grow on at home.

Mid Month

Support all tall growing herbaceous plants from early in the season. Try growing some ornamental vegetables in the flower garden, e.g. red leafed lettuce and runner beans. Prune Blueberries.

Sow hardy annual flowers like Eschscholzia, Godetia, Clary, Mignonette etc. direct in the garden borders.

Treat moss, scarify and aerate lawns as well as feeding the grass, you can now get moss killers that digest dead moss, so no raking or use traditional Lawn Sand.

Prune late summer flowering shrubs, like Buddleia and Caryopteris, as well as Hydrangea paniculate varieties and Hydrangea arborescensc Annabelle.

Prune down hard shrubs with coloured stems like Cornus, as well as hardy Fuchsias. Trim over winter flowering heathers cutting to the base of

the flower clusters.

Buy and plant pots of herbs. Sow seeds of hardy herbs in the garden, like parsley. Plant seed potatoes – but beware of frost once the shoots

beware of frost once the shoo emerge from the soil. Vegetable seeds to sow now include: broad beans, lettuce, leeks, parsnips, peas, radish, salad onions, spinach, Swiss chard and spinach beet. Sow summer bedding under glass: dahlias, impatiens, petunias, phlox drummondii, salvias, asters, tagetes,

mesembryanthemums, alyssum,

nicotiana, marigolds and zinnias. Plant lilies outdoors in borders and tubs.

Lay out growing bags in the greenhouse to warm up the compost before planting. Sow fruit and vegetable plants for growing on in a heated greenhouse, e.g. tomatoes, aubergines, peppers, cucumbers, etc. or you could decide to buy plants later.

Late March

Plant less robust hardy evergreen shrubs e.g. Hebe and Ceanothus.

Lay turf or sow lawn seed. Start feeding pond fish more frequently as the water temperature rises.

Vegetables to sow now include: Brussels sprouts, red cabbage, summer cabbage and summer cauliflower.

Dwarf French beans can be sown under cloches. Watch out for the build up of pests and diseases.

Treat pots against vine weevil attacks using Bug Clear Vine



Weevil Killer. It protects your plants for three months. An organic answer is a half inch deep layer of horticultural grit over the compost surface to deter egg laying. Marginal plants in ponds can be divided if overcrowded, but watch out for frog spawn. *Remember!*

You can't race the seasons and seeds do not have to be sown exactly when the packet tells you. My advice with outdoor sowings is watch the weather not the calendar, as seed sown later when conditions are right usually catches up and surpasses crops put in earlier that had to suffer during bad weather.

A Guide to accountant speak for P&L Statements Carol Draper

All industries have their own jargon and accountancy is no exception. It is easy to forget that not everyone is familiar with standard words and phrases so hopefully this article will shed some light on some commonly used words and expressions.

Profit and Loss statement or Income Statement. This is a financial report that shows how much your business has spent and earned over a specified period, usually a year. It aims to show whether your business is making or losing money. Turnover - this is sales made or fees charged for goods and services your business supplies before any other costs or expenses have been deducted. It is Turnover that is used to work out if your business should register for VAT. Cost of Sales or Direct Costs these are costs that relate directly to the sales you make. For example, if you run a shop, it would be the cost of the stock that you sell and the wages you pay to staff who work in the shop. Gross profit = \hat{t} urnover less direct costs. Gross profit is

often expressed as a percentage of turnover to calculate if sales prices are being set at the right

 $Expenses \ or \ overheads-the$

comparisons to be made with

level and to enable direct

other periods.



other costs of running your business. Amongst others these can include rent, motor expenses, light and heat, advertising, telephone, and accountancy fees. Net profit/net loss – this is the amount that remains once all the business costs are deducted from the business income. If the number is positive this is a profit. If the number is negative this is a loss. Taxable profit – this is profit on which you have to pay tax. Taxable profit may be different to net profit as there are expenses such as entertainment and depreciation that are not allowable by HM Revenue & Customs but there are some additional allowances that can be included. Next month I will look at the Balance Sheet but as always if

Carol Draper FCCA Clifton-Crick Sharp & Co Ltd

you have any queries speak to

your accountant for an

explanation.

"There is nothing either good or bad, but thinking makes it so"

Hamlet quote (Act II, Sc. II).

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Discoveries

Angela Johns

We were due to go down to Devon for a long weekend, my partner and I, for wintery walks on the beach and brisk bike rides between the villages around Westward Ho!. While I dodged flu followed by a chest infection, he did not, so I ventured to one of my favourite counties alone. It was too short notice for any of my favourites to join me but still, I was excited to go. This is because Me Time is important. This is when I can balance the giving I do and the responsibilities I have with the receiving I need and the freedom I want. It means I can give without resentment and hold responsibility with more ease. But Me Alone Time* is essential. This is when I can discover if I'm getting the balance right. In Me Alone Time I have an opportunity to make my own decisions from the simple to the complex. It's a chance to self-discover what I really want and what changes are required to get there, if any (there usually is!). I had a great Me Time/Me Alone Time on the Devonshire

coast blowing the cobwebs away and getting some Vitamin Sea. And I also made some discoveries:

Firstly, that after several miles along my walk kicking through the surf, I have a small hole in my left welly. Secondly, that after cycling nine freezing miles to a recommended café, I'd forgotten my bike lock and had to sit outside in the cold to enjoy their amazing coffee and cake. I thought I might cry on the return journey into the head wind as I could no longer feel my fingers. That night I thought I deserved to take myself out to a favourite restaurant and enjoy a cocktail after all that exercise, but my third discovery was that it was closed for January. I did however buy a bottle of bubbly from Tesco Express and got the best fish and chips from the



chippy next door. I only discovered the curry sauce I thought they had forgotten to give me the next morning hiding under a tea towel. For a couple of hours on day 3 I discovered that for the first time in a long time I felt lonely. I am so incredibly blessed that I rarely feel lonely (in writing this I have discovered a newfound sense of gratitude for this). I discovered that I had had enough of Me Alone Time but still had 24 hours left. There was no way I was going home early as I still wanted a bit more Me Time! So I stayed, the feeling passed as feelings are apt to do, and the sun came out. I rediscovered a little spark inside of me and that's all it

Sometimes when we are circling around in our lives and it feels like we are not going anywhere, it's the rediscoveries that hold the power. *Me Time is nothing new, but coining the phrase Me Alone Time, in her book A Practical Guide to Realising Your True Worth, Lynda Field hits the nail on the

Currently training as an Emotional Therapeutic Counsellor with the AETC, Angela is a qualified Reflexologist, Aromareflex Practitioner and Reiki Teacher/Practitioner. She is passionate about her therapies and spends quality time with her clients to facilitate their wellbeing. You can find her at angelajohns.co.uk



Store it, double it, release it. Karen Harris

I'm talking about energy of course. The title refers to what should happen as our bodies propel us forward in locomotion. If you regularly read my column you will know I often mention feet, there is good reason for that, they are blummin' important! The energetics of movement begins with the perception of the ground, proper foot posture and intrinsic foot strength. Ground reaction forces are perceived as energy; we should release as much energy as we bring in, but it should be 2-2.5x more. Just in our 'simple' (not that 'simple' at all!) gait process, our body enables us to store energy, quickly double it, and then release it. It's pretty amazing really. We just need to optimise the biomechanical and structural foundation to do it.

The picture gives vivid detail of the spring mechanisms on the bottom of the foot; the roll through the arches in the feet plus the lever from the toes, all transfer into the achilles tendon for the energy to be released into the muscles of the calf up the leg into the 'glutes' (bum muscles). The forefoot should widen - which brings stability and balance - and the system is repeated on push-off. Orthotics stops/blocks the mechanism that makes this energy transfer work. If we talk about posture as body alignment, that must also apply to the feet; yes feet have posture! Weakness or/and atrophy of the foot intrinsics alters your weight distribution (corns and callouses appear) toes start to curl in (hammertoes) your balance is impaired, the arches will be lost, forefoot

pressure will be increased (pain and neuroma) and there will be a loss of power on push-off. Your gait pattern will shorten, the ankle loses its flexing ability which stops the foot moving effectively, this tightens the muscles on the back of the leg, the leg gets restricted in the hip, the hips stiffen which affects the way that the pelvis moves, which affects the lumber spine; you get back ache wondering why pain killers don't help, all the time not even considering that your poor old feet are part of the problem!

So I'll ask a few questions..... Do your shoes allow your forefoot to spread?

Are your feet out of shoes for a good proportion of the day? Do your 'glute' muscles activate when you squeeze and release them?

Can you do a single heel raise,

(barefoot) with the other foot off the floor, and it feels stable?Do you have one or both arches still in place? We want a 'yes' to each of those questions, if not I can guarantee you there will be problems elsewhere. Foot health is crucial to your stability and longevity, whatever age you are please think about using them fully and how your footwear affects them, you REALLY will benefit in the long term.



Embracing Inspiration:

Emily Papirnik

The Fuel for Creativity and Growth

What inspires you? Take a moment to ponder this question. The answer may not always be readily apparent, but within it lies the key to unlocking your potential and fuelling your creativity. Inspiration has a remarkable power to propel us forward, to ignite our passions and guide us on paths we never imagined possible. Picture that moment when inspiration strikes. It's a sensation unlike any other – a sudden surge of energy, a flash of insight, a feeling of clarity that washes over you. Whether it's sparked by a person, a piece of art, a poem or simply a walk in nature, inspiration has the amazing ability to stir something deep within us. At its core, inspiration is about more than just fleeting moments of motivation. It's about tapping into something fundamental – something that connects us to our deepest desires, our most profound truths, and our highest aspirations. It's about finding meaning and purpose in the world around us and allowing that sense of wonder and possibility to guide our actions. When we are inspired, we are moved to action. We feel compelled to create, to explore, to innovate. It's as if a door has been opened, revealing a world of endless possibilities. Suddenly, the barriers that once seemed insurmountable fade away and we are filled with a sense of limitless potential. Inspiration is not just about grand gestures or groundbreaking discoveries. It's about



finding beauty and significance in the ordinary moments of life. It's about noticing the small miracles that surround us each day – the laughter of a loved one, the colours of a sunset, the gentle rustle of leaves in the wind. In a world that often seems chaotic and uncertain, inspiration serves as a guiding light and reminds us of the beauty and wonder that still exists. It encourages us to embrace change, to welcome new ideas that we ourselves are creating.

So, take a moment to reflect on what inspires you. Is it the beauty of nature, the wisdom of a mentor or the resilience of the human spirit? Whatever it may be, cherish it, cultivate it and allow it to fuel your creativity, your passion and your growth.

For in the end, inspiration is not just a fleeting feeling – it is a transformative force that has the power to shape our lives and our world in ways we never thought possible. So, embrace it, celebrate it, and let it guide you to your journey of self-discovery and fulfilment.

YES or NO?

Do you want to take control of your aches and pains?

Do you want to stop having to take pain killers?

Do you want the knowledge to be able to help yourself?

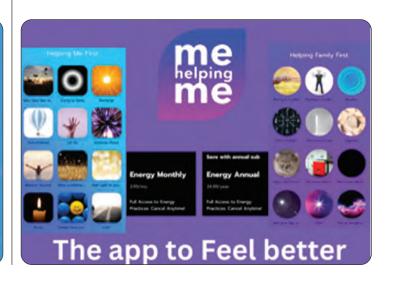
Do you want to feel how empowering that feels?

Do you want to feel that weight lifted from your shoulders?

YES, of course!

Even just the FEELING of the weight being lifted off your shoulders from knowing there IS an alternative to pain, pills & injections is a step in the right direction!

Karen Harris, Posture Alignment Specialist, Fitness Trainer 07954 544595



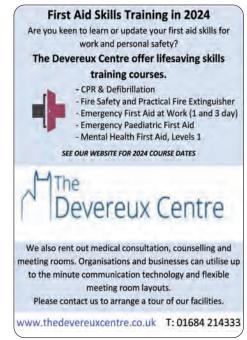




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Slow horses and fast women



My childhood memories contain many references to my Great Aunt, an individual for whom the term 'parsimonious' could have been coined. On one occasion I was dragooned into digging her potato plot for the, even then, niggardly sum of half-a-crown. When I then blew the lot on ice creams for my cousin and myself, this drew the observation that, if indeed I succeeded in making my fortune, I would doubtless blow it all on slow horses and fast women. Every March, with the Cheltenham Gold Cup looming, I think of her even though I have yet to make my fortune, let alone blow it all away.

One of the best ways to get to Cheltenham Racecourse has to be by steam train (as the crates and crates of empty champagne bottles at Toddington Station testify) and, this year, the Gloucester and Warwickshire Steam Railway have put out advice saying that, if you haven't pre-booked your ticket, then please use Toddington

Station only as there's a big car park there without the security issues at the racecourse itself. Also, even though the season starts tomorrow, the Stanway Viaduct is still closed for repairs and so Broadway Station is also closed until sometime next month. See www.gwsr.com for details It's also Mothering Sunday next weekend, so I thought that we'd spend a few moments looking for something nice, but different, for Mum. Frankly I don't know a lot about Spas, wellness and all that but I did find out that nearby Hilton Hotel at Puckrup, just north of Tewkesbury has a Schmoo Spa offering a range of Spa treatments and that you can combine a visit there with the use of the Living Well Health

Call 01684 271 518 or email puckrup@schmooskincare.com
The above bit of research prompted me to dig a little deeper and this has given rise to a few more suggestions:- how about a wine tasting break at the Three

Club adjacent. They're open

from ten till six on six days a

week.

Brian Johnson-Thomas

Choirs Vineyards, also in Gloucestershire, for a treat? see www.three-choirsvineyards.co.uk Then my research really got going and I found two rather exciting presents. There's a drink made by a company called Clean Co which has produced a range of non alcoholic equivalents to full strength spirits – and which taste exactly like the real thing. The portfolio includes Gin, Tequila, Rum, Vodka and Whisky. See www.clean.co Later I was really impressed by, of all things, a gourmet popcorn company. Joe & Seph's offer a range of upmarket and innovative takes on the humble popcorn, such as their Prosecco

See www.joeandsephs.co.uk

really are looking for an

good value.

Looks like an exciting month to come and then, wow! it's Easter and Spring at last....

Popcorn and their White Chocolate

and Strawberry Popcorn. If you

unusual gift then the Pamper

Night Gift Box and £25 looks

Gran Canaria for foodies

Just a four-hour flight from the UK and year-round sunshine, Gran Canaria lures with its golden-sand beaches, dramatic mountain landscapes, and atmospheric cities and villages. It's also a fabulous destination for foodies, with wonderful cuisine, wine and rum. The Gran Canaria Wine Route is the only certified Spanish wine route outside the mainland, La Ruta del Vino de Gran Canaria is a stunning journey with over 50 wineries, restaurants, cheese

factories and traditional familyrun bochinches you can visit. The island is home to nearly 40 grape varieties which include centuries-old varieties that disappeared from mainland European soil after the phylloxera outbreak and adapted to the island territory, resulting in unique vines. The north of the island is dotted with coffee and fruit plantations and great for sampling authentic local cuisine. You must visit the Arehucas rum factory, the oldest rum distillery in Europe, to sample the famous honey rum. Eat local tapas in Las Palmas' Puerto Market for the ultimate authentic experience, and enjoy a great choice of restaurants and bars, including those lining the gorgeous 4km Las Canteras Beach. Local tavernas dotted all over Gran Canaria are ideal places to sample homemade dishes based on seasonal local ingredients, many with garden terraces or located in family farmhouses. On the coast,

seafood is naturally prevalent, inland the onus is on meat, including rabbit and goat. Don't miss the local papas arrugadas (wrinkled Canarian potatoes) with mojo sauce plus pescado de barquillo, small fish tossed in flour and grilled or deep-fried, often priced by weight. Delicious. Tempted?

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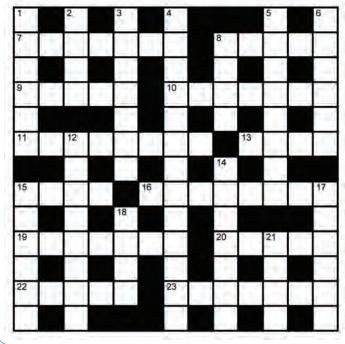
mww.travelcounsellors.co.uk/sarah.lloyd-rumens

Sarah Lloyd-Rumens Travel Counsellor



Coffee Break

Crossword



Across

- 7 Possibly (7)
- 8 Cousin of your daughter (5) 2
- 0 0 (5)
- Pertaining to the nose (5)
- 10 Satisfied (7)
- 11 Form of precipitation (8)
- 13 Cease (4)
- 15 Excess of expenditure over income (4)
- 16 Magician (8)
- 19 African river powering the Kariba Dam (7)
- 20 Highly favoured (5)
- 22 Prevail (5)
- 23 Performer of gymnastic

feats (7)

Down

- I Food tin essential (6)
-) 2 Minerals (4)
- 3 Sentimental songs (7)
- 4 Mental (13)
- 5 Runaway (8)
- 6 Broken-down (4-2)
- 8 Number of feline lives (4)
- 12 Inability to sleep (8)
- 14 Nemesis of "Titanic" (7)
- 15 Reptile (6)
- 17 Revolve (6)
- 18 Noggin (4)
- 21 Recedes (4)

Sudoku

		4						1
5			7					
			9	1			2	
		1	4		9			
			6		1		8	7
	8						9	5
			3			9	7	
3							4	
	7				6			

Each row and column must contain the numbers from one to nine, without repetitions.

1	8							
			5				9	
	6	2	4					3
3	2			6		7		
					8	2		
	1	6						
			2	9		5 9		
			7			9		6
9		7						

Crosswords Sudoku Wordsearches Jigsaw puzzles

also available to play online for FREE



www.kempsey.com/ coffeebreak

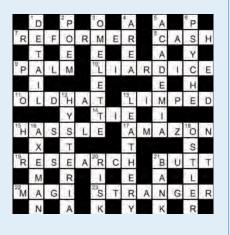
Wordsearch

0 S S L Е Р S Α E F Ε G Μ UU Ε Ε 0 H R CN EBES $\mathsf{A} \ \mathsf{A} \ \mathsf{B} \ \mathsf{S} \ \mathsf{M} \ \mathsf{B}$ CUTRLDI LHHPTSEERDN BAANCRANIUMNA LNIKSYENDIKI SREDDALBLLAGS BOSLATINEGNESMA

CARPALS CLAVICLE COCCYX CRANIUM **FEMUR FIBULA HUMERUS INNOMINATE MANDIBLE METACARPALS METATARSALS PATELLA PHALANGES RADIUS RIBS SACRUM SCAPULA STERNUM TARSALS**

TIBIA ULNA VERTEBRA APPENDIX BLADDER BRAIN GALLBLADDER GENITALS HEART INTESTINES KIDNEYS LIVER **LUNGS PANCREAS** SKIN **SPLEEN STOMACH VOICE BOX**

February Answers



Poets' Corner

A Shropshire Lad ii

Loveliest of trees, the cherry now Is hung with bloom along the bough, And stands about the woodland ride Wearing white for Eastertide.

Now, of my threescore years and ten, Twenty will not come again, And take from seventy springs a score, It only leaves me fifty more.

And since to look at things in bloom Fifty springs are little room, About the woodlands I will go To see the cherry hung with snow.

A. E. Housman 1859-1936

A E Housman was born at Valley House in Fockbury, near Bromsgrove in Worcestershire. Housman was educated at King Edward's, Birmingham and later Bromsgrove School. Where he revealed his academic promise and won prizes for his poems. In 1877 he won an open scholarship to St John's College, Oxford.

Housman completed 'A Shropshire Lad', a cycle of 63 poems. After publishers turned it down, he subsidised its publication. At first selling slowly, it rapidly became a lasting success. the book has been in print continuously since May 1896. Housman died, aged 77, in Cambridge. He was buried near to St Laurence's Church, Ludlow, Shropshire.

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19.0nly Fools and Horses 20.Absolutely Fabulous 10. In The Air Tonight | 1. Sergeant Arthur Wilson | 12. Friends | 13. Richard Osman and S. The Simpsons | 14. What not to Wear | 15. Home and Away | 16. The Yellow Page | 17. Adam Richman | 18. The Simpsons L.Gavin and Stacey, S... S. & Adam Woodyatt 4. Alan Cart 5. Cadburys Roses Chocolates
Merit B. Groon Strong With Merit B. S. Adam Woodyatt 4. Alan Merit B. Gellar 9. Carne Dine With Merit B. Ground Bring Bing Bid 11. 26

Spot & Shop - February Winners

- 1) Margaret Colloff
- 2) Susan Bott
- 3) Bob Clarke
- 4) Sue Waters

Last month's answer: Kings Worcester

Fun Ouiz!



- 1. James Corden created which Welsh TV series starring Rob Brydon?
- 2. Kiefer Sutherland stars as a former CIA agent called Jack Bauer in which TV series?
- 3. Which actor plays Ian Beale in the soap series Eastenders?
- 4. Which comedian presents 'Chatty Man'?
- 5. Which product was promoted through TV advertising by the song lyrics, 'Thank you very much you're one in a million'?
- 6. Jim Parsons and Kaley Cucoo star in which Amercian TV series?
- in 1965, ran for 40 years and was presented by Raymond Baxter?
- 8. Which actress played Buffy the vampire slayer?
- 9. What British TV series does Dave Lamb narrate?
- 10. In 2007, Cadbury produced a TV advertisement of a Gorilla playing the drums. What song was he playing?

- 11. Which character does John Le Mesurier play in Dad's Army?
- 12. Monica, Joey and Ross are all characters in which TV series?
- 13. Alexander Armstrong and which male co-present the TV quiz show 'Pointless'?
- 14. Which fashion series was presented by Trinny and Suzannah?
- 15. Which Australian soap, set near a beach, features a long serving character called Alf?
- 16. Which TV advert featured a character called J.R. Hartley who was looking for a copy of Fly Fishing?
- 7. Which science program began 17. Which male presenter hosts the American TV series Man V Food?
 - 18. Which famous yellow family live in Springfield?
 - 19. Rodney, Albert and Delboy are all characters from which poplar British TV series?
 - 20. Jennifer Saunders and Joanna Lumley play best friends in which TV comedy series?



COMPETITION TIME!

Take a look at the anagram The answer is the name of a business that is advertising in the Kempsey Times this month

This month's anagram EGYPT FARE FOOTER

This month's prizes! 1st - £25 cash donated by Royal Oak, Kinnersley 2nd - Coronation Jigsaw Value £20 3rd - Reg Moule's Gardening Diary

Value £10 4th - Pat's Pantry lar of home-made marmalade

Complete and return this form or email: news@hughes.company for your chance to win!

Kempsey Times closing date: 28th March 2024

Answer:

Name:

Telephone/email:

Return to: Kempsey Times, Hughes & Company 8 Church Street, Pershore Worcestershire WRIO IDT



In memoriam

Hinds. Robert 'Bob'

Kempsey resident of over 50 years Sadly died on 28th February 2024 aged 84

Husband of Anita, father to Simon and Melanie.

Funeral at Worcester Crematorium Friday 15th March, 1.45pm.

To advertise your event here!

Kempsey Times

email: news@hughes.company

Tel: 01386 803803





Cor Anglais – Louise Braithwaite Conductor – Dexter Drown

Leader - Graham Longfils

Saturday 9th March 2024 2:30pm

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Delius – Two Pieces for Small Orchestra Watkins – Out of the Stillness for Cor Anglais Debussy – Rhapsody for Cor Anglais Dvořák – New World Symphony

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To mark the 80th anniversary of D-Day -

Thursday 6th June 2024

Letters to the Editor

Dear Editor.

Firstly, many congratulations on your first edition published in February. I much enjoyed the 'read' including the information regarding local businesses, and look forward to reading the March edition of "Kempsey Times" I write to raise awareness among your readers of the dangers that I and others believe exist for drivers negotiating the Ketch roundabout - you may have read about my "campaign" in the local newspaper in recent weeks. Briefly, drivers and their front seat passengers, have to become contortionists to crane their necks to the right when turning left in safety from oncoming speeding traffic, onto the A38

from the A4440 Carrington Bridge. The re- configuration of the roundabout following the completion of the road works last year, have in my and others' view, created this potential "accident black spot." Together with St Peter's Parish Council, we have asked for a site visit by Councillors and officers of the Highways dept, to see for themselves exactly what we mean. Councillor Mike Rouse, Cabinet Member for Highways, told me that he intends to make a site visit to the Ketch in the near future, but he won't permit me to be present. Well, we'll see about that! Yours faithfully,

Alec Mackie

Dear Editor,

The Church Warden and her team would like to say a huge thank you for all you did to make St Mary's Kempsey Christmas Fair such a sucess. Without your help we really wouldn't be able to put on such an event and we know that every penny will all go to supporting St Mary's work in our community.

Thank you once again and we hope to work together on furure events and occasions.

The Church Warden



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Copy Deadline
April Issue - 18th March 2024

Aseful numbers

Worcester Fire Station 01905 725030 Kempsey Mobile Library Second Tuesday in the month 01905 822722(In an emergency always call 999) Kempsey Post Office 01905 828469 Kempsey Doctors Surgery 01905 820466 Kempsey Parish Council 01905 828183 MHDC Council Out of hours Emergency hotline - In an event of an emergency call:0300 003 5367 To report faulty traffic lights or urgent Highways issues call: 07875 033759 Please note: This number should not be used for 'day-to-day' enquiries. - Waste Services 01684 862490 - Pot Holes 01905 765765





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Kempsey Times





An Evening with Allan Lamb - England cricketing legend!

England cricketing legend Allan Lamb will be the guest speaker at a dinner in Worcester later this year. The dinner will be part of Worcestershire fast bowler Joe Leach's Testimonial Season and will also support grass roots cricket projects in South Africa. The dinner, which is kindly sponsored by The Lamb & Flag Worcester, takes place at Worcestershire County Cricket Club on Friday 28th June and along with Joe Leach and Lamby the evening will feature:

- A 3 course dinner
- Live music
- An auction
- Competitions, inc Lamb or Mutton Dressed as Lamb. The evening will be compered by BBC H&W's Frank Watson with tickets costing just £60 per person.

Tickets can be obtained by contacting Mark - Email: ma004g2691@gmail.com or tel: 07506 747619

Allan Lamb

Allan Lamb, also known as Lamby – had an impressive international cricketing career. Spanning the decade 1982-92, Allan's cricketing career included 79 test matches for England and 128 one day internationals. He captained England three times against the West Indies and Australia, and captained Northampton CC from 1989 to 1994. Allan scored 4654 test runs with 14 centuries and 33502 first class runs, scoring 89 first class hundreds.

He won the accolade 'Cricketer of the Year' in 1980. As well as having a famous sporting image, Allan is a



popular persona and is indisputably witty and entertaining. One thing is for certain there is no shortage of stories of his journey to sporting greatness.

With an abundance of good humour and his unquenchable drive to live life to the full, this passionate business leader brings a completely fresh perspective.

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